# KEREMEOS COMMUNITY POOL MITIGATION PLAN COVID-19

<u>2021</u>

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#### EMPLOYEE's

## **Employee Sickness**

All employees must complete the Worksafe cheek-in at the start of each shift

https://forms.office.com/Pages/ResponsePage.aspx?id=CNVghCjitke9FwanKVOs6tTUS60wVA1HpkRqT\_bmmTJUQUE 2VVhZT1RSSzdJQ0xRRTAzVVpKTzJVNC4u



What to do in the event that a staff member develops symptoms of COVID-19 while at work:

- 1. Employees must don a mask and leave work immediately.
- 2. Once at home, employees must contact their family physician/primary care provider or 8-1-1 for further guidance and should use the BC COVID-19 self-assessment tool. <a href="https://bc.thrive.health/">https://bc.thrive.health/</a>
- 3. If a medical test for COVID-19 is suggested, the employee <u>cannot</u> return to work until the test comes back negative.

4. If the medical test for COVID-19 comes back positive, immediately contact the Manager to report and for further instruction regarding returning to work.

What to do in the event that a staff member develops symptoms of Covid-19 while at home:

- If an employee becomes ill with any symptoms of respiratory illness consistent with cold, influenza or COVID-19, even if symptoms are mild, they must not come to work.
- Employees are required to remain at home and contact Health Link BC at 8-1-1 and should use the BC COVID-19 self-assessment tool. <a href="https://bc.thrive.health/">https://bc.thrive.health/</a>
- If a medical test for COVID-19 is suggested, the employee <u>cannot</u> return to work until the test comes back negative.
- If the medical test for COVID-19 comes back positive, immediately contact the Manager to report and for further instruction regarding returning to work.

#### PERSONAL HYGIENE

- Upon entering the facility, staff must use either the public bathrooms at the front of the facility or the pump of sanitizer to sufficiently wash their hands (signage showing how to properly wash hands is posted).
- Hand sanitizing will also be available in the lifeguard office to allow employees to practice good hygiene.
- Wash Hands When arrive or leave and before and after:
  - o eating
  - breaks
  - smoking
  - o blowing one's nose, coughing, or sneezing
  - going to the toilet
  - being in contact with animals or pets
  - o using shared equipment (e.g. water test kit)

- o providing routine care for another person who needs assistance
- Employees will be asked to eat their food outside of the aquatic facility and wash their hands upon returning to work.
- Employees will be asked to limit the personal items they bring to the facility. Where staff must bring
  items in, they should be stored separately,
- Employees will be asked to wear mask at all times while at the facility unless life saving, instructing or doing physical work involving heavy breathing.

#### MISCELLANOUSE ITEMS

- Utilize consistent work teams were possible
- Staff responsible for enforcing physical distancing at all times

#### MAKE SPACE BETWEEN PEOPLE

- Maximum number of occupants in aquatic facilities is 30 (not including staff).
- Masks must be worn indoors at all times
- Map is provided at facility for flow of customers
- We will place cones outside of the facility in the event that the 24 people maximum has been reached and/or others are waiting.
- To maintain physical distancing of 2 metres, swimmers should swim in the middle of the lane only and return by the adjacent lane (Swimmers of the same family or household may swim together in one lane)
- During swimming lessons, there is a policy put in place that a child must have an adult accompany them
  to the aquatic facility if there is any chance they will need physical manipulation/support.
- When providing Aquafit and early bird classes limits will be put on the number of participants to ensure appropriate physical distancing is maintained.

- For all preschool swimming lessons and Swim Kids levels 1, 2 and 3, parent participation is mandatory.
   The instructor will maintain a 2m distance while instructing both the parent and child through all objectives of the swim level.
- Signage regarding physical distancing are posted and will be enforced.
- We have one exit point on the perimeter gate on the pool deck, and staff will be enforcing patrons to leave directly from the pool deck without returning through the change rooms except to use the toilets.

# PERSONAL PROTECTIVE EQUIPMENT

- Our facility is equipped with disposable no-medical masks, gloves, gowns & goggles for all employees.

  These are stored in each individual's personal cubby/fanny pack with additional supplies stored on site.
- We have trained and posted that any action of first-aid requires staff to wear a face mask and gloves.
- All staff will receive a new pocket mask with new replacement viral filtrer
- During in-service training, staff are trained how to safely put on PPE and take off PPE. Diagrams for reference are also posted.
- No sharing of PPE or disinfect between uses
- Each of the two focal points will have a dry storage container that includes PPE for 2 rescuers and a bystander, resuscitation equipment (BVM with viral filter, etc.), hand sanitizer and disinfection wipes.
- Where possible, designate a first aid responder equipped with more robust PPE equipment (e.g. gown, visor, etc.) to prevent undue delays in responding to first aid or resuscitation requirements caused by donning appropriate PPE.
  - o Guidelines for removal of PPE (Gloves and gowns) posted in lifeguard hut in the binders

# MODIFY THE ENVIRONMENT

#### Front Desks or Lobbies

A plexiglass barrier has been installed at the front desk.

#### **Changing Rooms**

- Our facility is enforcing one way traffic through change rooms. Patrons will enter the pool deck through
  the change rooms, allowing them to change and shower, but will not have access to go back through the
  change rooms and must exit directly off of the pool deck. Access to the toilets will be allowed once on
  deck.
- Signage has been posted enforcing social distancing and hand washing, capacity limits as well as the obligation for patrons to shower before entering the pool deck.

#### On the Pool Deck

Our facility is heavily restricting the use of pool toys. Each set will be immediately sanitized following
use, exchanging sets of equipment until swimming lessons are over.

#### General

- Remove many of the shareable items for staff
- PDF should be disinfected between use
- Limit other aquatic equipment

#### SANITATION

- A checklist of high-touch surfaces has been created and must be completed at each clean. This list will be located in our lifeguard room.
- Toilets to be disinfected every 2 4 hours as are changing rooms. We will endeavor to spot clean changing rooms between sessions.
- During in-service, staff are trained on cleaning protocols for all areas of the pool.
- PPE must be worn during cleaning

- The Centres for Disease Control and Prevention (CDC) recommend a 1:10 dilution ratio for household bleach, or a 1:20 ratio for commercial sodium hypochlorite solution to disinfect PPE, then let air dry.
   Typically, 1 to 10 minutes' contact time is recommended.
- Ensure that the pool apron is sprayed down regularly.

## MANAGING INFORMATION

- Messaging explaining what policies and measures are in place at the pool is sent through social media
   and posted on the RDOS website
- Updates to schedules and policies are, and will be, continually available on our website.
- Our staff will regularly have meetings and in-services throughout the summer to ensure all are feeling comfortable and set-up for success in these strange times.
- Information provided to customers:
  - There is no evidence that the virus that causes COVID-19 can be spread to people through the water in pools, hot tubs, spas, or water play areas. Proper operation and maintenance (including disinfection with chlorine and bromine) of these facilities should inactivate the virus in the water.
  - High risk participants and anyone with symptoms are prohibited.
  - o Participants should not share water bottles, towels, goggles or any other equipment.
  - We encourage the use of goggles to avoid contamination
  - Snorkels are prohibited.
  - Limited capacity for the facility and each indoor space is implemented.
  - Physical distancing will be required of all customers
  - Please read and follow all signage on site.

- No showers will be available afterwards, only before hand
- Exit, only through pool deck
- limited aquatic equipment available
- Patrons in need of assistance due to physical limitations should only receive help from a family member.

#### SIGNAGE

- Signage has been used referring to the following topics:
  - Do not enter the facility if sick or told to self-isolate
  - Self-screening for symptoms of respiratory illness
  - Hand washing
  - No sharing of water bottles, towels, goggles or any other equipment other than with family members.
  - Facility flow map
  - Users should not spit, urinate or blow their nose in the water.
  - There is no evidence that the virus that causes COVID-19 can be spread to people through the water in pools, hot tubs, spas, or water play areas. Proper operation and maintenance (including disinfection with chlorine and bromine) of these facilities should inactivate the virus in the water."
  - Physical Distancing
  - Wash hands or sanitize upon arrival
  - Capacity max for each room
  - Shower before entering the pool

# **GROUPS AND CAMPS**

- Inform day camp and group supervisors of the facility's established physical distancing measures.
- Inform the camp and group leader of their shared responsibility to maintain the facility's established physical distancing measures.
- When transporting participants to the aquatic facility, it is recommended to reduce the bus occupancy rate according to local guidelines.
- Reduce the number of participants allowed in programs to adjust to the facility's revised bather load and the number of program leaders available for participant supervision.
- Day camp and group supervisors should organize activities to encourage physical distancing between participants rather than free swimming.
- All other local guidelines regarding day camps and groups must be followed.
- Share all "Information provided to customers" above with the group

#### GENERAL GROUP

- For organized activities, adopt and follow all other recommendations as described in this document.
- Reduce group ratios to maintain distancing measures.
- Reducing the duration of lessons may allow operators to offer more lessons.
- Aquatic instructors must give safety guidelines to all participants before starting a class or a training session.
- Aquatic instructors should be outside of the water (except for demonstrations).
- Encourage each swimmer to bring their own equipment.

- Disinfection of equipment is required after activities.
- If possible, avoid using equipment during activities.
- Share all "Information provided to customers" above with the group

## **SWIMMING LESSONS**

- The owner and operator should prepare a plan for swimming lessons.
- Maintaining physical distancing with swimming lesson participants can be challenging, especially with younger participants.
- Prioritize swimming lessons according to group levels where physical distancing measures can be easily implemented (younger participants usually need more physical manipulation and proximity).
- Swimming lessons could be given in groups similar to infant lessons so that each participant is accompanied by a parent responsible for managing and handling their child.
- See current/amended program standards from the respective swimming organization.

# **AQUATIC CLASSES**

- Maintaining physical distancing with aquatic fitness class participants can be challenging.
- Prioritize aquatic fitness classes to group levels where physical distancing measures can be easily implemented.
- See current/amended program standards from the respective aquatic fitness organization.